

What to expect

Two scenic circular walks where you can visit St Mary's in Redgrave, nature reserves and Thelnetham Windmill. St Mary's was built in the 14th Century by the Abbots of the Benedictive Abbey of St Edmundsbury and is a vast church set in open fields. The walk goes along part of the Angles Way which connects to the Norfolk coast and the Icknield Way.

Distance

Red Route 4.2 miles / 6.8 km

Orange Route 5 miles / 8 km

Duration

Red Route 1 hour 15 minutes

Orange Route 1 hour 30 minutes

Difficulty

Easy/Moderate—some narrow / uneven sections and can be muddy after rain

Start and Finish

OS map location TM 05754 78217

Postcode for satnavs IP22 1RJ

Facilities

Free parking in the layby outside St Mary's Church

Nearest train station: Diss

Further information

Free Audio Tour [St Marys Redgrave](#)

Visit church page: www.visitchurches.org.uk

Download free on your app store: [izi.TRAVEL](#)

Scan QR code:



Guide books are available to download on the CCT website and can be purchased at CCT churches.



Churches Conservation Trust is the national charity protecting historic churches at risk. Our collection of over 350 churches includes irreplaceable examples of culture, art and architecture from 1,000 years of history.

Help us care for our national heritage for the enjoyment of all by becoming a member or donating at visitchurches.org.uk



TheCCT



The Churches Conservation Trust



ChurchesConservationTrust



ChurchesConservationTrust



TheChurchesConservationTrust

Churches Conservation Trust 8
All Saints Street, London, N1 9RL

Registered Charity No. 258612

0845 303 2760

enquiries@thecct.org.uk

Tours and Trails

Suffolk

The Redgrave & Lopham Fen and Thelnetham Windmill Walks

Discover the CCT 14th Century church, Thelnetham Windmill and nature reserves on the Norfolk/Suffolk border

Along the way

Points of interest

1. St Mary's Church Redgrave
2. Star Wing Brewery
3. Nature Reserves
4. St Nicholas' Thelnetham
5. Thelnetham Windmill

Refreshments

- The Cross Keys Public House, Redgrave
- Star Wing Brewery Cafe

www.thelnethamwindmill.org.uk

Please check all websites for opening times

St Mary's Church



Keyholders contact details are on the noticeboard and the key is available at reasonable times.

Convenience Store

East of England Coop, Eye, IP23 7AF



Key



CCT church



Point of interest



Parking



Toilet



Rest Spot



Refreshments



Stile



Accommodation

